

Worksheet 1-001: Safe isolation

NB: Students must not attempt this exercise before the correct use of all tools and materials has been demonstrated.

Technical data

- You are to make sure that you do not endanger yourself at any time and particularly during the procedure.

Procedure

- Enter the start time on the assessment sheet.
- Your tutor will identify a circuit or installation that requires safely isolating.
- Under the supervision of your tutor, safely isolate the identified circuit or installation using the JIB safe isolation procedure.
- Enter the finish time on the assessment sheet.

		YES	NO
1.	Identified the circuit or installation to be isolated	<input type="checkbox"/>	<input type="checkbox"/>
2.	Selected the correct means of isolation	<input type="checkbox"/>	<input type="checkbox"/>
3.	Selected appropriate test equipment	<input type="checkbox"/>	<input type="checkbox"/>
4.	Satisfactorily proved selected test equipment	<input type="checkbox"/>	<input type="checkbox"/>
5.	Switched off using correct means of isolation	<input type="checkbox"/>	<input type="checkbox"/>
6.	Locked and secured the isolation device	<input type="checkbox"/>	<input type="checkbox"/>
7.	Posted warning notices	<input type="checkbox"/>	<input type="checkbox"/>
8.	Verified that the circuit or installation is dead between L-N, L-E and N-E	<input type="checkbox"/>	<input type="checkbox"/>
9.	Satisfactorily reproofed test equipment used in Step 8	<input type="checkbox"/>	<input type="checkbox"/>
10.	Confirmed with tutor that it is now safe to start work	<input type="checkbox"/>	<input type="checkbox"/>

Assessed by:

Start Date & Time: Finish Date & Time:

Target Time: 30 minutes Time Taken:
